



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Alêbob

AlBob

Strecke : 6 KM DUPLA MISTA

Länge : 6630m (Steigung 187m)

Zeit : 4:36:47,292 (41'45"/km)

37/42

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|-------------------------------|-------------|
| 1. Leide Laura E Júnior Lúcio | 4:02:54,265 |
| 2. Junior E Ana | 4:06:15,089 |
| 3. Rose E Jhon | 4:06:59,519 |

- | | | | | | |
|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:20:32 | | 2000m | 10'16"/km |
| 2. | 71 | 00:09:39 | 00:30:11 | 1000m | 9'39"/km |
| 3. | 72 | 00:25:08 | 00:55:19 | 2000m | 12'34"/km |
| 4. | 999 | 03:41:28 | 04:36:47 | 1000m | 221'28"/km |

HELGA



Orienteering Software