



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Jaci/ Sildivan

JS FITNESS

Percurso : 6 KM DUPLA MISTA

Distancia : 6630m (Desnivel 187m)

Tempo : 4:35:32,218 (41'34"/km)

36/42

O.K.

[Resultados completos em Webres](#)

- | | |
|-------------------------------|-------------|
| 1. Leide Laura E Júnior Lúcio | 4:02:54,265 |
| 2. Junior E Ana | 4:06:15,089 |
| 3. Rose E Jhon | 4:06:59,519 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:19:27 | | 2000m | 9'43"/km |
| 2. | 71 | 00:11:25 | 00:30:52 | 1000m | 11'25"/km |
| 3. | 72 | 00:24:35 | 00:55:27 | 2000m | 12'17"/km |
| 4. | 999 | 03:40:05 | 04:35:32 | 1000m | 220'05"/km |

HELGA



Orienteering Software