



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Guarino

Guarino

Course : 6 KM DUPLA MISTA

Distance : 6630m (Climbing 187m)

Time : 4:22:57,312 (39'40"/km)

25/42

O.K.

[Full result on Webres](#)

- | | |
|-------------------------------|-------------|
| 1. Leide Laura E Júnior Lúcio | 4:02:54,265 |
| 2. Junior E Ana | 4:06:15,089 |
| 3. Rose E Jhon | 4:06:59,519 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:14:48 | | 2000m | 7'24"/km |
| 2. | 71 | 00:07:30 | 00:22:18 | 1000m | 7'30"/km |
| 3. | 72 | 00:20:52 | 00:43:10 | 2000m | 10'26"/km |
| 4. | 999 | 03:39:47 | 04:22:57 | 1000m | 219'47"/km |

HELGA



Orienteering Software