



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Valdes

SEM EQUIPE

Strecke : 6 KM DUPLA MISTA

Länge : 6630m (Steigung 187m)

Zeit : 4:19:05,773 (39'05"/km)

20/42

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|-------------------------------|-------------|
| 1. Leide Laura E Júnior Lúcio | 4:02:54,265 |
| 2. Junior E Ana | 4:06:15,089 |
| 3. Rose E Jhon | 4:06:59,519 |

- | | | | | | |
|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:14:54 | | 2000m | 7'27"/km |
| 2. | 71 | 00:07:56 | 00:22:50 | 1000m | 7'56"/km |
| 3. | 72 | 00:20:01 | 00:42:51 | 2000m | 10'00"/km |
| 4. | 999 | 03:36:14 | 04:19:05 | 1000m | 216'14"/km |

HELGA



Orienteering Software