



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Casal Tg

Açaídananam

Course : 6 KM DUPLA MISTA

Distance : 6630m (Climbing 187m)

Time : 4:14:32,851 (38'23"/km)

11/42

O.K.

[Full result on Webres](#)

- | | |
|-------------------------------|-------------|
| 1. Leide Laura E Júnior Lúcio | 4:02:54,265 |
| 2. Junior E Ana | 4:06:15,089 |
| 3. Rose E Jhon | 4:06:59,519 |

- | | | | | | |
|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:13:23 | | 2000m | 6'41"/km |
| 2. | 71 | 00:07:10 | 00:20:33 | 1000m | 7'10"/km |
| 3. | 72 | 00:17:48 | 00:38:21 | 2000m | 8'54"/km |
| 4. | 999 | 03:36:11 | 04:14:32 | 1000m | 216'11"/km |

HELGA



Orienteering Software