



## TRAIL RUN PARADISE - ETAPA 2

### MACEIÓ - AL 30.3.2025

### PARADISE

**Cynthia Gama E Vivia Menezes**

Freerunning

Course : 6 KM DUPLA FEMININA

Distance : 6630m (Climbing 187m)

Time : 4:32:46,937 (41'08"/km)

**14/23**

O.K.

[Full result on Webres](#)

- |                     |             |
|---------------------|-------------|
| 1. Ste E Yasmin     | 4:04:29,488 |
| 2. As Reclameixons  | 4:11:40,546 |
| 3. Vanessa / Simone | 4:13:58,261 |

|    |     |          |          |       |            |
|----|-----|----------|----------|-------|------------|
| 1. | 73  | 00:18:03 |          | 2000m | 9'02"/km   |
| 2. | 71  | 00:09:50 | 00:27:53 | 1000m | 9'50"/km   |
| 3. | 72  | 00:23:55 | 00:51:48 | 2000m | 11'58"/km  |
| 4. | 999 | 03:40:58 | 04:32:46 | 1000m | 220'58"/km |

HELGA



Orienteering Software