



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Cristiany Assunção

VAMO SIMBORA RUN

Course : 6 KM SOLO FEMININO

Distance : 6630m (Climbing 187m)

Time : 4:59:17,343 (45'08"/km)

140/151

O.K.

[Full result on Webres](#)

- | | |
|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:22:38 | | 2000m | 11'19"/km |
| 2. | 71 | 00:14:06 | 00:36:44 | 1000m | 14'06"/km |
| 3. | 72 | 00:35:53 | 01:12:37 | 2000m | 17'56"/km |
| 4. | 999 | 03:46:40 | 04:59:17 | 1000m | 226'40"/km |

HELGA



Orienteering Software