



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Sandra Alves

Circuito de rua menos é mais

Circuit : 6 KM SOLO FEMININO

Distance : 6630m (Dénivelé 187m)

Temps : 4:55:15,593 (44'32"/km)

139/151

O.K.

[Résultats complets sur Webres](#)

- | | |
|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

1.	73	00:23:57		2000m	11'58"/km
2.	71	00:12:33	00:36:30	1000m	12'33"/km
3.	72	00:37:12	01:13:42	2000m	18'36"/km
4.	999	03:41:33	04:55:15	1000m	221'33"/km

HELGA



Orienteering Software