



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Rute Azevedo

CT ANDERTON ANTONIO

Omloop : 6 KM SOLO FEMININO

Afstand : 6630m (Hoogteverschil 187m)

Tijd : 4:54:48,570 (44'28"/km)

137/151

O.K.

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- | | |
|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:23:26 | | 2000m | 11'43"/km |
| 2. | 71 | 00:12:18 | 00:35:44 | 1000m | 12'18"/km |
| 3. | 72 | 00:32:41 | 01:08:25 | 2000m | 16'20"/km |
| 4. | 999 | 03:46:23 | 04:54:48 | 1000m | 226'23"/km |

HELGA



Orienteering Software