



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Nivia Caroline Alves

Freerunning

Course : 6 KM SOLO FEMININO

Distance : 6630m (Climbing 187m)

Time : 4:53:48,425 (44'19"/km)

136/151

O.K.

[Full result on Webres](#)

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|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:28:11 | | 2000m | 14'06"/km |
| 2. | 71 | 00:11:08 | 00:39:19 | 1000m | 11'08"/km |
| 3. | 72 | 00:31:14 | 01:10:33 | 2000m | 15'37"/km |
| 4. | 999 | 03:43:15 | 04:53:48 | 1000m | 223'15"/km |

HELGA



Orienteering Software