



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Monica Assunção

VAMO SIMBORA RUN

Circuit : 6 KM SOLO FEMININO

Distance : 6630m (Dénivelé 187m)

Temps : 4:51:30,828 (43'58"/km)

135/151

O.K.

[Résultats complets sur Webres](#)

- | | |
|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

1.	73	00:21:14		2000m	10'37"/km
2.	71	00:15:24	00:36:38	1000m	15'24"/km
3.	72	00:32:10	01:08:48	2000m	16'05"/km
4.	999	03:42:42	04:51:30	1000m	222'42"/km

HELGA



Orienteering Software