



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Gianny Melo

Club fitness

Course : 6 KM SOLO FEMININO

Distance : 6630m (Climbing 187m)

Time : 4:39:42,230 (42'11"/km)

123/151

O.K.

[Full result on Webres](#)

- | | |
|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:20:00 | | 2000m | 10'00"/km |
| 2. | 71 | 00:12:47 | 00:32:47 | 1000m | 12'47"/km |
| 3. | 72 | 00:25:03 | 00:57:50 | 2000m | 12'32"/km |
| 4. | 999 | 03:41:52 | 04:39:42 | 1000m | 221'52"/km |

HELGA



Orienteering Software