



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Maria Gilvaneide

PILAR RUNNING

Omloop : 6 KM SOLO FEMININO

Afstand : 6630m (Hoogteverschil 187m)

Tijd : 4:33:35,230 (41'16"/km)

100/151

O.K.

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|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:17:39 | | 2000m | 8'49"/km |
| 2. | 71 | 00:12:00 | 00:29:39 | 1000m | 12'00"/km |
| 3. | 72 | 00:23:14 | 00:52:53 | 2000m | 11'37"/km |
| 4. | 999 | 03:40:42 | 04:33:35 | 1000m | 220'42"/km |

HELGA



Orienteering Software