



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Mônica Gomes

É NOIS

Course : 6 KM SOLO FEMININO

Distance : 6630m (Climbing 187m)

Time : 4:33:27,183 (41'15"/km)

99/151

O.K.

[Full result on Webres](#)

- | | |
|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:18:44 | | 2000m | 9'22"/km |
| 2. | 71 | 00:10:54 | 00:29:38 | 1000m | 10'54"/km |
| 3. | 72 | 00:23:07 | 00:52:45 | 2000m | 11'34"/km |
| 4. | 999 | 03:40:42 | 04:33:27 | 1000m | 220'42"/km |

HELGA



Orienteering Software