



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Janaina Viturino Mendes

É NOIS

Course : 6 KM SOLO FEMININO

Distance : 6630m (Climbing 187m)

Time : 4:32:22,589 (41'05"/km)

93/151

O.K.

[Full result on Webres](#)

- | | |
|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:17:00 | | 2000m | 8'30"/km |
| 2. | 71 | 00:10:05 | 00:27:05 | 1000m | 10'05"/km |
| 3. | 72 | 00:25:42 | 00:52:47 | 2000m | 12'51"/km |
| 4. | 999 | 03:39:35 | 04:32:22 | 1000m | 219'35"/km |

HELGA



Orienteering Software