



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Laryssa Barbosa

SEM EQUIPE

Course : 6 KM SOLO FEMININO

Distance : 6630m (Climbing 187m)

Time : 4:29:59,386 (40'43"/km)

84/151

O.K.

[Full result on Webres](#)

- | | |
|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

- | | | | | | |
|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:16:58 | | 2000m | 8'29"/km |
| 2. | 71 | 00:09:17 | 00:26:15 | 1000m | 9'17"/km |
| 3. | 72 | 00:24:30 | 00:50:45 | 2000m | 12'15"/km |
| 4. | 999 | 03:39:14 | 04:29:59 | 1000m | 219'14"/km |

HELGA



Orienteering Software