



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Alexssandra Maria Dos Santos

Circuito de rua menos é mais

Course : 6 KM SOLO FEMININO

Distance : 6630m (Climbing 187m)

Time : 4:29:43,001 (40'41"/km)

81/151

O.K.

[Full result on Webres](#)

- | | |
|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:15:58 | | 2000m | 7'59"/km |
| 2. | 71 | 00:10:30 | 00:26:28 | 1000m | 10'30"/km |
| 3. | 72 | 00:22:14 | 00:48:42 | 2000m | 11'07"/km |
| 4. | 999 | 03:41:01 | 04:29:43 | 1000m | 221'01"/km |

HELGA



Orienteering Software