



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Josilda Galdino Sampaio

ÁGUIA RUNNING

Circuit : 6 KM SOLO FEMININO

Distance : 6630m (Dénivelé 187m)

Temps : 4:26:52,968 (40'15"/km)

70/151

O.K.

[Résultats complets sur Webres](#)

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|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:16:46 | | 2000m | 8'23"/km |
| 2. | 71 | 00:08:44 | 00:25:30 | 1000m | 8'44"/km |
| 3. | 72 | 00:22:17 | 00:47:47 | 2000m | 11'09"/km |
| 4. | 999 | 03:39:05 | 04:26:52 | 1000m | 219'05"/km |

HELGA



Orienteering Software