



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Adriana Silva

BORA CORRER

Percurso : 6 KM SOLO FEMININO

Distancia : 6630m (Desnivel 187m)

Tempo : 4:26:43,898 (40'14"/km)

69/151

O.K.

[Resultados completos em Webres](#)

- | | |
|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:16:16 | | 2000m | 8'08"/km |
| 2. | 71 | 00:09:35 | 00:25:51 | 1000m | 9'35"/km |
| 3. | 72 | 00:21:45 | 00:47:36 | 2000m | 10'53"/km |
| 4. | 999 | 03:39:07 | 04:26:43 | 1000m | 219'07"/km |

HELGA



Orienteering Software