



## TRAIL RUN PARADISE - ETAPA 2

### MACEIÓ - AL 30.3.2025

### PARADISE

**Nathalia Lopes**

SEM EQUIPE

Percurso : 6 KM SOLO FEMININO

Distancia : 6630m (Desnivel 187m)

Tempo : 4:25:31,128 (40'03"/km)

**63/151**

O.K.

[Resultados completos em Webres](#)

- |                                |             |
|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório               | 4:04:09,457 |
| 3. Juliana Cardoso             | 4:05:18,593 |

- |    |     |          |          |       |            |
|----|-----|----------|----------|-------|------------|
| 1. | 73  | 00:17:16 |          | 2000m | 8'38"/km   |
| 2. | 71  | 00:09:17 | 00:26:33 | 1000m | 9'17"/km   |
| 3. | 72  | 00:20:33 | 00:47:06 | 2000m | 10'17"/km  |
| 4. | 999 | 03:38:25 | 04:25:31 | 1000m | 218'25"/km |

HELGA



Orienteering Software