



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Neuza Abreu Ferreira

Trilha ecológica

Strecke : 6 KM SOLO FEMININO

Länge : 6630m (Steigung 187m)

Zeit : 4:24:55,292 (39'57"/km)

60/151

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:15:51 | | 2000m | 7'55"/km |
| 2. | 71 | 00:08:16 | 00:24:07 | 1000m | 8'16"/km |
| 3. | 72 | 00:21:47 | 00:45:54 | 2000m | 10'54"/km |
| 4. | 999 | 03:39:01 | 04:24:55 | 1000m | 219'01"/km |

HELGA



Orienteering Software