



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Mariana Tatiane Silva

SHAKEDASEBÁ

Percurso : 6 KM SOLO FEMININO

Distancia : 6630m (Desnivel 187m)

Tempo : 4:24:30,097 (39'54"/km)

59/151

O.K.

[Resultados completos em Webres](#)

- | | |
|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:16:07 | | 2000m | 8'04"/km |
| 2. | 71 | 00:09:24 | 00:25:31 | 1000m | 9'24"/km |
| 3. | 72 | 00:20:00 | 00:45:31 | 2000m | 10'00"/km |
| 4. | 999 | 03:38:59 | 04:24:30 | 1000m | 218'59"/km |

HELGA



Orienteering Software