



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

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CROSS EXPERIENCE SERRARIA

Strecke : 6 KM SOLO FEMININO

Länge : 6630m (Steigung 187m)

Zeit : 4:21:28,816 (39'26"/km)

45/151

O.K.

[Vollständige Ergebnisse auf Webres](#)

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|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:15:56 | | 2000m | 7'58"/km |
| 2. | 71 | 00:08:10 | 00:24:06 | 1000m | 8'10"/km |
| 3. | 72 | 00:19:44 | 00:43:50 | 2000m | 9'52"/km |
| 4. | 999 | 03:37:38 | 04:21:28 | 1000m | 217'38"/km |

HELGA



Orienteering Software