



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Edleuza Silva

ML RUNNING

Omloop : 6 KM SOLO FEMININO

Afstand : 6630m (Hoogteverschil 187m)

Tijd : 4:21:22,175 (39'25"/km)

44/151

O.K.

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|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:14:51 | | 2000m | 7'25"/km |
| 2. | 71 | 00:08:12 | 00:23:03 | 1000m | 8'12"/km |
| 3. | 72 | 00:20:33 | 00:43:36 | 2000m | 10'17"/km |
| 4. | 999 | 03:37:46 | 04:21:22 | 1000m | 217'46"/km |

HELGA



Orienteering Software