



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Rosilda Oliveira

ML RUNNING

Course : 6 KM SOLO FEMININO

Distance : 6630m (Climbing 187m)

Time : 4:21:21,386 (39'25"/km)

43/151

O.K.

[Full result on Webres](#)

- | | |
|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:14:49 | | 2000m | 7'24"/km |
| 2. | 71 | 00:08:03 | 00:22:52 | 1000m | 8'03"/km |
| 3. | 72 | 00:20:42 | 00:43:34 | 2000m | 10'21"/km |
| 4. | 999 | 03:37:47 | 04:21:21 | 1000m | 217'47"/km |

HELGA



Orienteering Software