



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Silvana Alves

É NOIS

Omloop : 6 KM SOLO FEMININO

Afstand : 6630m (Hoogteverschil 187m)

Tijd : 4:20:52,203 (39'21"/km)

42/151

O.K.

[Volledige uitslagen op Webres](#)

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|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:14:03 | | 2000m | 7'02"/km |
| 2. | 71 | 00:07:44 | 00:21:47 | 1000m | 7'44"/km |
| 3. | 72 | 00:20:19 | 00:42:06 | 2000m | 10'09"/km |
| 4. | 999 | 03:38:46 | 04:20:52 | 1000m | 218'46"/km |

HELGA



Orienteering Software