



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Érika Rodrigues

FOCO NA TUA VIDA

Omloop : 6 KM SOLO FEMININO

Afstand : 6630m (Hoogteverschil 187m)

Tijd : 4:19:41,265 (39'10"/km)

36/151

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

- | | | | | | |
|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:13:54 | | 2000m | 6'57"/km |
| 2. | 71 | 00:08:34 | 00:22:28 | 1000m | 8'34"/km |
| 3. | 72 | 00:19:12 | 00:41:40 | 2000m | 9'36"/km |
| 4. | 999 | 03:38:01 | 04:19:41 | 1000m | 218'01"/km |

HELGA



Orienteering Software