



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Kátia Rocha

ML RUNNING

Course : 6 KM SOLO FEMININO

Distance : 6630m (Climbing 187m)

Time : 4:17:08,835 (38'47"/km)

30/151

O.K.

[Full result on Webres](#)

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|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:13:57 | | 2000m | 6'58"/km |
| 2. | 71 | 00:07:26 | 00:21:23 | 1000m | 7'26"/km |
| 3. | 72 | 00:18:16 | 00:39:39 | 2000m | 9'08"/km |
| 4. | 999 | 03:37:29 | 04:17:08 | 1000m | 217'29"/km |

HELGA



Orienteering Software