



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

NIVIA DE SANTA CRUZ LINS

INDIV.

Percurso : 6 KM SOLO FEMININO

Distancia : 6630m (Desnivel 187m)

Tempo : 4:16:42,683 (38'43"/km)

27/151

O.K.

[Resultados completos em Webres](#)

- | | |
|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:12:50 | | 2000m | 6'25"/km |
| 2. | 71 | 00:07:13 | 00:20:03 | 1000m | 7'13"/km |
| 3. | 72 | 00:18:43 | 00:38:46 | 2000m | 9'21"/km |
| 4. | 999 | 03:37:56 | 04:16:42 | 1000m | 217'56"/km |

HELGA



Orienteering Software