



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Gildenia Maria Dos Santos

BISONHOS ADVENTURE

Course : 6 KM SOLO FEMININO

Distance : 6630m (Climbing 187m)

Time : 4:14:00,531 (38'19"/km)

24/151

O.K.

[Full result on Webres](#)

- | | |
|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:13:38 | | 2000m | 6'49"/km |
| 2. | 71 | 00:06:39 | 00:20:17 | 1000m | 6'39"/km |
| 3. | 72 | 00:17:24 | 00:37:41 | 2000m | 8'42"/km |
| 4. | 999 | 03:36:19 | 04:14:00 | 1000m | 216'19"/km |

HELGA



Orienteering Software