



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Wdirlene Vitória S Lamenha

PrazaRun

Omloop : 6 KM SOLO FEMININO

Afstand : 6630m (Hoogteverschil 187m)

Tijd : 4:11:32,152 (37'56"/km)

15/151

O.K.

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|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:12:54 | | 2000m | 6'27"/km |
| 2. | 71 | 00:07:08 | 00:20:02 | 1000m | 7'08"/km |
| 3. | 72 | 00:16:00 | 00:36:02 | 2000m | 8'00"/km |
| 4. | 999 | 03:35:30 | 04:11:32 | 1000m | 215'30"/km |

HELGA



Orienteering Software