



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Maria Silva

ML RUNNING

Omloop : 6 KM SOLO FEMININO

Afstand : 6630m (Hoogteverschil 187m)

Tijd : 4:10:16,406 (37'45"/km)

10/151

O.K.

[Volledige uitslagen op Webres](#)

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|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

1.	73	00:12:33		2000m	6'17"/km
2.	71	00:06:23	00:18:56	1000m	6'23"/km
3.	72	00:15:48	00:34:44	2000m	7'54"/km
4.	999	03:35:32	04:10:16	1000m	215'32"/km

HELGA



Orienteering Software