



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Maria Guarino

Guarino

Course : 6 KM SOLO FEMININO

Distance : 6630m (Climbing 187m)

Time : 4:09:30,359 (37'38"/km)

8/151

O.K.

[Full result on Webres](#)

- | | |
|--------------------------------|-------------|
| 1. Amara Alves / PILAR RUNNING | 4:04:01,605 |
| 2. Widja Tenório | 4:04:09,457 |
| 3. Juliana Cardoso | 4:05:18,593 |

1.	73	00:11:17		2000m	5'39"/km
2.	71	00:05:55	00:17:12	1000m	5'55"/km
3.	72	00:16:24	00:33:36	2000m	8'12"/km
4.	999	03:35:54	04:09:30	1000m	215'54"/km

HELGA



Orienteering Software