



PERCURSO DIDÁTICO CM 25
CCFEX 3.4.2025
clube de orientação calção preto

Renato Lara

COCP

Circuit : DIDÁTICO 2

Distance : 3000m (Dénivelé 130m)

Temps : 0:46:04 (15'21"/km)

15/32

O.K.

[Résultats complets sur Webres](#)

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|-------------------|---------|
| 1. De Medeiros | 0:34:53 |
| 2. Ricardo | 0:35:48 |
| 3. Pedro Henrique | 0:35:50 |

1.	31	00:01:55		115m	16'40"/km
2.	44	00:02:41	00:04:36	146m	18'23"/km
3.	46	00:02:14	00:06:50	93m	24'01"/km
4.	45	00:03:51	00:10:41	121m	31'49"/km
5.	47	00:01:40	00:12:21	44m	37'53"/km
6.	31	00:02:23	00:14:44	267m	8'56"/km
7.	52	00:01:42	00:16:26	68m	25'00"/km
8.	34	00:03:53	00:20:19	42m	92'28"/km
9.	43	00:02:10	00:22:29	76m	28'31"/km
10.	51	00:01:24	00:23:53	68m	20'35"/km
11.	31	00:01:56	00:25:49	61m	31'42"/km
12.	49	00:01:43	00:27:32	80m	21'27"/km
13.	40	00:07:53	00:35:25	488m	16'09"/km
14.	38	00:00:54	00:36:19	49m	18'22"/km
15.	39	00:00:39	00:36:58	48m	13'32"/km
16.	37	00:02:20	00:39:18	90m	25'56"/km
17.	36	00:01:41	00:40:59	122m	13'48"/km
18.	48	00:03:43	00:44:42	415m	8'57"/km
19.	53	00:00:59	00:45:41	196m	5'01"/km
20.	999	00:00:23	00:46:04	51m	7'31"/km

Orienteering Software