



Treino 04 - CMSM
CMSM 2.4.2025
Colégio Militar de Santa Maria

Lucas Cogo

Colégio Militar de Santa Maria

Course : H14B

Distance : 1500m

Time : 0:13:43 (9'09"/km)

5/11

O.K.

[Full result on Webres](#)

1. Audrei	0:09:01
2. Ruiz	0:11:18
3. Lucero	0:11:48

1.	31	00:02:25		77m	31'23"/km
2.	34	00:02:19	00:04:44	123m	18'50"/km
3.	33	00:01:02	00:05:46	61m	16'56"/km
4.	32	00:00:32	00:06:18	99m	5'23"/km
5.	31	00:00:23	00:06:41	53m	7'14"/km
6.	35	00:00:20	00:07:01	41m	8'08"/km
7.	36	00:01:23	00:08:24	129m	10'43"/km
8.	37	00:00:45	00:09:09	151m	4'58"/km
9.	38	00:00:25	00:09:34	58m	7'11"/km
10.	40	00:00:37	00:10:11	64m	9'38"/km
11.	39	00:00:33	00:10:44	59m	9'19"/km
12.	38	00:00:29	00:11:13	61m	7'55"/km
13.	102	00:00:37	00:11:50	105m	5'52"/km
14.	103	00:00:31	00:12:21	70m	7'23"/km
15.	104	00:00:21	00:12:42	62m	5'39"/km
16.	105	00:00:17	00:12:59	40m	7'05"/km
17.	106	00:00:23	00:13:22	63m	6'05"/km
18.	999	00:00:21	00:13:43	85m	4'07"/km

Orienteering Software