



CITY - O CUP 1 - 2025

BALEN 30.3.2025

K.O.L.

Frank VAN ROOST

Omega

Course : H:03

Distance : 4240m

Time : 0:55:37 (13'07"/km)

18/24

O.K.

[Full result on Webres](#)

1. Lou SNYERS	0:31:53
2. Guy TIREZ	0:36:21
3. Koen MEYNEN	0:36:28

1.	48	00:02:02		90m	22'36"/km
2.	138	00:00:49	00:02:51	113m	7'14"/km
3.	47	00:02:54	00:05:45	362m	8'01"/km
4.	113	00:00:41	00:06:26	54m	12'39"/km
5.	32	00:00:19	00:06:45	27m	11'44"/km
6.	114	00:01:13	00:07:58	92m	13'13"/km
7.	141	00:00:43	00:08:41	57m	12'34"/km
8.	33	00:02:59	00:11:40	306m	9'45"/km
9.	117	00:00:13	00:11:53	37m	5'51"/km
10.	118	00:00:37	00:12:30	35m	17'37"/km
11.	34	00:02:48	00:15:18	91m	30'46"/km
12.	35	00:01:00	00:16:18	145m	6'54"/km
13.	121	00:00:29	00:16:47	72m	6'43"/km
14.	122	00:00:00	00:16:47	30m	0'00"/km
15.	147	00:02:15	00:19:02	201m	11'12"/km
16.	148	00:01:27	00:20:29	83m	17'28"/km
17.	127	00:05:33	00:26:02	502m	11'03"/km
18.	128	00:04:57	00:30:59	368m	13'27"/km
19.	129	00:01:14	00:32:13	145m	8'30"/km
20.	123	00:03:03	00:35:16	325m	9'23"/km
21.	131	00:07:48	00:43:04	367m	21'15"/km
22.	36	00:01:55	00:44:59	54m	35'30"/km
23.	135	00:01:05	00:46:04	45m	24'04"/km
24.	37	00:04:15	00:50:19	74m	57'26"/km
25.	132	00:02:38	00:52:57	187m	14'05"/km
26.	31	00:00:43	00:53:40	64m	11'12"/km
27.	136	00:01:21	00:55:01	123m	10'59"/km
28.	999	00:00:36	00:55:37	62m	9'41"/km

Orienteering Software