



CITY - O CUP 1 - 2025

BALEN 30.3.2025

K.O.L.

Frank AERDEN

K.O.L.

Course : H:03

Distance : 4240m

Time : 0:48:28 (11'26"/km)

12/24

O.K.

[Full result on Webres](#)

1. Lou SNYERS	0:31:53
2. Guy TIREZ	0:36:21
3. Koen MEYNEN	0:36:28

1.	48	00:01:59		90m	22'02"/km
2.	138	00:00:52	00:02:51	113m	7'40"/km
3.	47	00:02:39	00:05:30	362m	7'19"/km
4.	113	00:00:30	00:06:00	54m	9'16"/km
5.	32	00:00:23	00:06:23	27m	14'12"/km
6.	114	00:00:42	00:07:05	92m	7'37"/km
7.	141	00:00:33	00:07:38	57m	9'39"/km
8.	33	00:02:39	00:10:17	306m	8'40"/km
9.	117	00:00:16	00:10:33	37m	7'12"/km
10.	118	00:00:31	00:11:04	35m	14'46"/km
11.	34	00:02:17	00:13:21	91m	25'05"/km
12.	35	00:01:03	00:14:24	145m	7'14"/km
13.	121	00:00:28	00:14:52	72m	6'29"/km
14.	122	00:00:00	00:14:52	30m	0'00"/km
15.	147	00:02:11	00:17:03	201m	10'52"/km
16.	148	00:00:37	00:17:40	83m	7'26"/km
17.	127	00:05:21	00:23:01	502m	10'39"/km
18.	128	00:04:41	00:27:42	368m	12'44"/km
19.	129	00:01:01	00:28:43	145m	7'01"/km
20.	123	00:03:08	00:31:51	325m	9'38"/km
21.	131	00:06:50	00:38:41	367m	18'37"/km
22.	36	00:01:19	00:40:00	54m	24'23"/km
23.	135	00:02:23	00:42:23	45m	52'58"/km
24.	37	00:02:11	00:44:34	74m	29'30"/km
25.	132	00:01:51	00:46:25	187m	9'54"/km
26.	31	00:00:35	00:47:00	64m	9'07"/km
27.	136	00:01:01	00:48:01	123m	8'16"/km
28.	999	00:00:27	00:48:28	62m	7'15"/km

Orienteering Software