



CITY - O CUP 1 - 2025

BALEN 30.3.2025

K.O.L.

Herman PRUMMEL

K.O.L.

Circuit : H:03

Distance : 4240m

Temps : 0:47:46 (11'16"/km)

11/24

O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------|---------|
| 1. Lou SNYERS | 0:31:53 |
| 2. Guy TIREZ | 0:36:21 |
| 3. Koen MEYNEN | 0:36:28 |

1.	48	00:01:53		90m	20'56"/km
2.	138	00:00:52	00:02:45	113m	7'40"/km
3.	47	00:02:24	00:05:09	362m	6'38"/km
4.	113	00:00:32	00:05:41	54m	9'53"/km
5.	32	00:00:19	00:06:00	27m	11'44"/km
6.	114	00:00:59	00:06:59	92m	10'41"/km
7.	141	00:00:29	00:07:28	57m	8'29"/km
8.	33	00:03:31	00:10:59	306m	11'30"/km
9.	117	00:00:14	00:11:13	37m	6'18"/km
10.	118	00:00:38	00:11:51	35m	18'06"/km
11.	34	00:01:59	00:13:50	91m	21'48"/km
12.	35	00:00:59	00:14:49	145m	6'47"/km
13.	121	00:00:28	00:15:17	72m	6'29"/km
14.	122	00:00:00	00:15:17	30m	0'00"/km
15.	147	00:02:45	00:18:02	201m	13'41"/km
16.	148	00:01:06	00:19:08	83m	13'15"/km
17.	127	00:04:48	00:23:56	502m	9'34"/km
18.	128	00:04:28	00:28:24	368m	12'08"/km
19.	129	00:01:01	00:29:25	145m	7'01"/km
20.	123	00:02:39	00:32:04	325m	8'09"/km
21.	131	00:06:36	00:38:40	367m	17'59"/km
22.	36	00:01:34	00:40:14	54m	29'01"/km
23.	135	00:00:30	00:40:44	45m	11'07"/km
24.	37	00:03:28	00:44:12	74m	46'51"/km
25.	132	00:01:46	00:45:58	187m	9'27"/km
26.	31	00:00:28	00:46:26	64m	7'18"/km
27.	136	00:00:58	00:47:24	123m	7'52"/km
28.	999	00:00:22	00:47:46	62m	5'55"/km

Orienteering Software