CITY - O CUP 1 - 2025
BALEN 30.3.2025
K.O.L.

Koen MEYNEN
hamok
Course : H:03
Distance : 4240m
Time : 0:36:28 (8'36"/km)

3/24 O.K.

Full result on Webres

1. Lou SNYERS 0:31:53
2. Guy TIREZ 0:36:21

1.	48	00:01:28		90m	16'18"/km
2.	138	00:00:45	*00:02:13*	113m	6'38"/km
3.	47	00:02:04	*00:04:17*	362m	5'43"/km
4.	113	00:00:24	*00:04:41*	54m	7'24"/km
5.	32	00:00:17	*00:04:58*	27m	10'30"/km
6.	114	00:00:31	*00:05:29*	92m	5'37"/km
7.	141	00:00:25	*00:05:54*	57m	7'19"/km
8.	33	00:01:52	*00:07:46*	306m	6'06"/km
9.	117	00:00:11	*00:07:57*	37m	4'57"/km
10.	118	00:00:29	*00:08:26*	35m	13'49"/km
11.	34	00:01:35	*00:10:01*	91m	17'24"/km
12.	35	00:00:49	*00:10:50*	145m	5'38"/km
13.	121	00:00:20	*00:11:10*	72m	4'38"/km
14.	122	00:00:00	*00:11:10*	30m	0'00"/km
15.	147	00:01:35	*00:12:45*	201m	7'53"/km
16.	148	00:00:31	*00:13:16*	83m	6'13"/km
17.	127	00:04:03	*00:17:19*	502m	8'04"/km
18.	128	00:03:26	*00:20:45*	368m	9'20"/km
19.	129	00:00:53	*00:21:38*	145m	6'06"/km
20.	123	00:02:11	*00:23:49*	325m	6'43"/km
21.	131	00:05:25	*00:29:14*	367m	14'46"/km
22.	36	00:01:02	*00:30:16*	54m	19'08"/km
23.	135	00:00:39	*00:30:55*	45m	14'27"/km
24.	37	00:02:19	*00:33:14*	74m	31'18"/km
25.	132	00:01:44	*00:34:58*	187m	9'16"/km
26.	31	00:00:25	*00:35:23*	64m	6'31"/km
27.	136	00:00:46	*00:36:09*	123m	6'14"/km
28.	999	00:00:19	*00:36:28*	62m	5'06"/km

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