



# CITY - O CUP 1 - 2025

BALEN 30.3.2025

K.O.L.

**Jan VANGORP**

Indiv.

Percurso : H:02

Distancia : 5350m

--/23

não classificado

[Resultados completos em Webres](#)

- |                        |         |
|------------------------|---------|
| 1. Frederik LOECKX     | 0:36:53 |
| 2. Siegfried BAKELANTS | 0:37:13 |
| 3. Ronny TIMMERS       | 0:40:55 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 48  | 00:02:06 |          | 90m  | 23'20"/km |
| 2.  | 138 | 00:00:44 | 00:02:50 | 113m | 6'29"/km  |
| 3.  | 46  | 00:00:40 | 00:03:30 | 119m | 5'36"/km  |
| 4.  | 47  | 00:01:53 | 00:05:23 | 313m | 6'01"/km  |
| 5.  | 113 | 00:00:39 | 00:06:02 | 54m  | 12'02"/km |
| 6.  | 102 | 00:01:09 | 00:07:11 | 174m | 6'37"/km  |
| 7.  | 51  | 00:02:09 | 00:09:20 | 263m | 8'10"/km  |
| 8.  | 104 | 00:00:27 | 00:09:47 | 70m  | 6'26"/km  |
| 9.  | 105 | 00:00:00 | 00:09:47 | 66m  | 0'00"/km  |
| 10. | 139 | 00:02:30 | 00:12:17 | 132m | 18'56"/km |
| 11. | 140 | 00:00:57 | 00:13:14 | 56m  | 16'58"/km |
| 12. | 106 | 00:01:00 | 00:14:14 | 91m  | 10'59"/km |
| 13. | 110 | 00:01:04 | 00:15:18 | 100m | 10'40"/km |
| 14. | 111 | 00:02:01 | 00:17:19 | 210m | 9'36"/km  |
| 15. | 50  | 00:00:52 | 00:18:11 | 132m | 6'34"/km  |
| 16. | 112 | 00:00:00 | 00:18:11 | 45m  | 0'00"/km  |
| 17. | 103 | 00:02:14 | 00:20:25 | 206m | 10'50"/km |
| 18. | 114 | 00:01:52 | 00:22:17 | 320m | 5'50"/km  |
| 19. | 141 | 00:00:38 | 00:22:55 | 57m  | 11'07"/km |
| 20. | 142 | 00:02:42 | 00:25:37 | 315m | 8'34"/km  |
| 21. | 115 | 00:01:58 | 00:27:35 | 253m | 7'46"/km  |
| 22. | 143 | 00:00:53 | 00:28:28 | 96m  | 9'12"/km  |
| 23. | 144 | 00:00:51 | 00:29:19 | 126m | 6'45"/km  |
| 24. | 145 | 00:00:37 | 00:29:56 | 106m | 5'49"/km  |
| 25. | 146 | 00:00:49 | 00:30:45 | 73m  | 11'11"/km |
| 26. | 121 | 00:00:28 | 00:31:13 | 59m  | 7'55"/km  |
| 27. | 122 | 00:00:00 | 00:31:13 | 30m  | 0'00"/km  |
| 28. | 147 | 00:01:41 | 00:32:54 | 201m | 8'22"/km  |
| 29. | 148 | 00:00:44 | 00:33:38 | 83m  | 8'50"/km  |
| 30. | 123 | 00:02:48 | 00:36:26 | 293m | 9'33"/km  |
| 31. | 131 | 00:05:05 | 00:41:31 | 367m | 13'51"/km |
| 32. | 149 | 00:01:13 | 00:42:44 | 67m  | 18'10"/km |
| 33. | 135 | 00:01:04 | 00:43:48 | 74m  | 14'25"/km |
| 34. | 150 | 00:00:54 | 00:44:42 | 60m  | 15'00"/km |
| 35. | 132 | 00:01:16 | 00:45:58 | 163m | 7'46"/km  |
| 36. | 31  | 00:00:33 | 00:46:31 | 64m  | 8'36"/km  |
| 37. | 999 | 00:01:58 | 00:48:29 |      |           |