



# CITY - O CUP 1 - 2025

BALEN 30.3.2025

K.O.L.

**Wim DENS**

Indiv.

Percurso : H:02

Distancia : 5350m

Tempo : 0:49:37 (9'16"/km)

**14/23**

O.K.

[Resultados completos em Webres](#)

|                        |         |
|------------------------|---------|
| 1. Frederik LOECKX     | 0:36:53 |
| 2. Siegfried BAKELANTS | 0:37:13 |
| 3. Ronny TIMMERS       | 0:40:55 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 48  | 00:02:13 |          | 90m  | 24'38"/km |
| 2.  | 138 | 00:00:58 | 00:03:11 | 113m | 8'33"/km  |
| 3.  | 46  | 00:00:41 | 00:03:52 | 119m | 5'45"/km  |
| 4.  | 47  | 00:01:57 | 00:05:49 | 313m | 6'14"/km  |
| 5.  | 113 | 00:00:24 | 00:06:13 | 54m  | 7'24"/km  |
| 6.  | 102 | 00:01:08 | 00:07:21 | 174m | 6'31"/km  |
| 7.  | 51  | 00:02:04 | 00:09:25 | 263m | 7'51"/km  |
| 8.  | 104 | 00:00:24 | 00:09:49 | 70m  | 5'43"/km  |
| 9.  | 105 | 00:00:00 | 00:09:49 | 66m  | 0'00"/km  |
| 10. | 139 | 00:01:33 | 00:11:22 | 132m | 11'45"/km |
| 11. | 140 | 00:01:06 | 00:12:28 | 56m  | 19'39"/km |
| 12. | 106 | 00:01:22 | 00:13:50 | 91m  | 15'01"/km |
| 13. | 110 | 00:00:55 | 00:14:45 | 100m | 9'10"/km  |
| 14. | 111 | 00:02:05 | 00:16:50 | 210m | 9'55"/km  |
| 15. | 50  | 00:00:56 | 00:17:46 | 132m | 7'04"/km  |
| 16. | 112 | 00:00:00 | 00:17:46 | 45m  | 0'00"/km  |
| 17. | 103 | 00:02:25 | 00:20:11 | 206m | 11'44"/km |
| 18. | 114 | 00:01:49 | 00:22:00 | 320m | 5'41"/km  |
| 19. | 141 | 00:00:34 | 00:22:34 | 57m  | 9'56"/km  |
| 20. | 142 | 00:02:45 | 00:25:19 | 315m | 8'44"/km  |
| 21. | 115 | 00:01:53 | 00:27:12 | 253m | 7'27"/km  |
| 22. | 143 | 00:02:02 | 00:29:14 | 96m  | 21'11"/km |
| 23. | 144 | 00:00:58 | 00:30:12 | 126m | 7'40"/km  |
| 24. | 145 | 00:00:35 | 00:30:47 | 106m | 5'30"/km  |
| 25. | 146 | 00:00:36 | 00:31:23 | 73m  | 8'13"/km  |
| 26. | 121 | 00:00:33 | 00:31:56 | 59m  | 9'19"/km  |
| 27. | 122 | 00:00:00 | 00:31:56 | 30m  | 0'00"/km  |
| 28. | 147 | 00:01:40 | 00:33:36 | 201m | 8'18"/km  |
| 29. | 148 | 00:00:37 | 00:34:13 | 83m  | 7'26"/km  |
| 30. | 123 | 00:03:36 | 00:37:49 | 293m | 12'17"/km |
| 31. | 131 | 00:05:02 | 00:42:51 | 367m | 13'43"/km |
| 32. | 149 | 00:00:47 | 00:43:38 | 67m  | 11'41"/km |
| 33. | 135 | 00:00:38 | 00:44:16 | 74m  | 8'34"/km  |
| 34. | 150 | 00:00:48 | 00:45:04 | 60m  | 13'20"/km |
| 35. | 132 | 00:01:50 | 00:46:54 | 163m | 11'15"/km |
| 36. | 31  | 00:00:27 | 00:47:21 | 64m  | 7'02"/km  |



|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 37. | 136 | 00:02:00 | 00:49:21 | 123m | 16'16"/km |
| 38. | 999 | 00:00:16 | 00:49:37 | 62m  | 4'18"/km  |

HELGA



Orienteering Software