



CITY - O CUP 1 - 2025

BALEN 30.3.2025

K.O.L.

Kris VERDUYCKT

Omega

Course : H:02

Distance : 5350m

Time : 0:47:10 (8'49"/km)

12/23

O.K.

[Full result on Webres](#)

1. Frederik LOECKX	0:36:53
2. Siegfried BAKELANTS	0:37:13
3. Ronny TIMMERS	0:40:55

1.	40	00:01:08		95m	11'56"/km
2.	48	00:00:17	00:01:25		
3.	138	00:00:38	00:02:03	113m	5'36"/km
4.	46	00:00:43	00:02:46	119m	6'01"/km
5.	47	00:02:01	00:04:47	313m	6'27"/km
6.	113	00:00:21	00:05:08	54m	6'29"/km
7.	102	00:01:06	00:06:14	174m	6'19"/km
8.	51	00:02:10	00:08:24	263m	8'14"/km
9.	104	00:00:24	00:08:48	70m	5'43"/km
10.	105	00:00:00	00:08:48	66m	0'00"/km
11.	139	00:02:01	00:10:49	132m	15'17"/km
12.	140	00:00:55	00:11:44	56m	16'22"/km
13.	106	00:00:44	00:12:28	91m	8'04"/km
14.	110	00:00:51	00:13:19	100m	8'30"/km
15.	111	00:02:19	00:15:38	210m	11'02"/km
16.	50	00:01:00	00:16:38	132m	7'35"/km
17.	112	00:00:00	00:16:38	45m	0'00"/km
18.	103	00:02:13	00:18:51	206m	10'46"/km
19.	114	00:02:01	00:20:52	320m	6'18"/km
20.	141	00:00:26	00:21:18	57m	7'36"/km
21.	142	00:02:12	00:23:30	315m	6'59"/km
22.	115	00:02:06	00:25:36	253m	8'18"/km
23.	143	00:02:27	00:28:03	96m	25'31"/km
24.	144	00:00:51	00:28:54	126m	6'45"/km
25.	145	00:00:37	00:29:31	106m	5'49"/km
26.	146	00:00:31	00:30:02	73m	7'05"/km
27.	121	00:00:27	00:30:29	59m	7'38"/km
28.	122	00:00:00	00:30:29	30m	0'00"/km
29.	147	00:01:43	00:32:12	201m	8'32"/km
30.	148	00:00:39	00:32:51	83m	7'50"/km
31.	123	00:03:07	00:35:58	293m	10'38"/km
32.	131	00:05:41	00:41:39	367m	15'29"/km
33.	149	00:01:05	00:42:44	67m	16'10"/km
34.	135	00:00:32	00:43:16	74m	7'12"/km
35.	150	00:00:49	00:44:05	60m	13'37"/km
36.	132	00:01:16	00:45:21	163m	7'46"/km



37.	31	00:00:29	00:45:50	64m	7'33"/km
38.	136	00:00:59	00:46:49	123m	8'00"/km
39.	999	00:00:21	00:47:10	62m	5'39"/km

HELGA



Orienteering Software