



# CITY - O CUP 1 - 2025

BALEN 30.3.2025

K.O.L.

**Dieter SELS**

hamok

Percurso : H:02

Distancia : 5350m

Tempo : 0:46:42 (8'44"/km)

**11/23**

O.K.

[Resultados completos em Webres](#)

|                        |         |
|------------------------|---------|
| 1. Frederik LOECKX     | 0:36:53 |
| 2. Siegfried BAKELANTS | 0:37:13 |
| 3. Ronny TIMMERS       | 0:40:55 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 40  | 00:01:16 |          | 95m  | 13'20"/km |
| 2.  | 48  | 00:00:16 | 00:01:32 |      |           |
| 3.  | 138 | 00:00:41 | 00:02:13 | 113m | 6'03"/km  |
| 4.  | 46  | 00:00:46 | 00:02:59 | 119m | 6'27"/km  |
| 5.  | 47  | 00:02:06 | 00:05:05 | 313m | 6'43"/km  |
| 6.  | 113 | 00:00:33 | 00:05:38 | 54m  | 10'11"/km |
| 7.  | 102 | 00:01:12 | 00:06:50 | 174m | 6'54"/km  |
| 8.  | 51  | 00:02:17 | 00:09:07 | 263m | 8'41"/km  |
| 9.  | 104 | 00:00:25 | 00:09:32 | 70m  | 5'57"/km  |
| 10. | 105 | 00:00:00 | 00:09:32 | 66m  | 0'00"/km  |
| 11. | 139 | 00:01:44 | 00:11:16 | 132m | 13'08"/km |
| 12. | 140 | 00:01:05 | 00:12:21 | 56m  | 19'21"/km |
| 13. | 106 | 00:00:49 | 00:13:10 | 91m  | 8'58"/km  |
| 14. | 110 | 00:00:48 | 00:13:58 | 100m | 8'00"/km  |
| 15. | 111 | 00:01:49 | 00:15:47 | 210m | 8'39"/km  |
| 16. | 50  | 00:00:54 | 00:16:41 | 132m | 6'49"/km  |
| 17. | 112 | 00:00:00 | 00:16:41 | 45m  | 0'00"/km  |
| 18. | 103 | 00:02:09 | 00:18:50 | 206m | 10'26"/km |
| 19. | 114 | 00:01:54 | 00:20:44 | 320m | 5'56"/km  |
| 20. | 141 | 00:00:29 | 00:21:13 | 57m  | 8'29"/km  |
| 21. | 142 | 00:02:06 | 00:23:19 | 315m | 6'40"/km  |
| 22. | 115 | 00:01:58 | 00:25:17 | 253m | 7'46"/km  |
| 23. | 143 | 00:01:35 | 00:26:52 | 96m  | 16'30"/km |
| 24. | 144 | 00:00:50 | 00:27:42 | 126m | 6'37"/km  |
| 25. | 145 | 00:00:36 | 00:28:18 | 106m | 5'40"/km  |
| 26. | 146 | 00:00:31 | 00:28:49 | 73m  | 7'05"/km  |
| 27. | 121 | 00:00:29 | 00:29:18 | 59m  | 8'12"/km  |
| 28. | 122 | 00:00:00 | 00:29:18 | 30m  | 0'00"/km  |
| 29. | 147 | 00:01:57 | 00:31:15 | 201m | 9'42"/km  |
| 30. | 148 | 00:00:37 | 00:31:52 | 83m  | 7'26"/km  |
| 31. | 123 | 00:02:57 | 00:34:49 | 293m | 10'04"/km |
| 32. | 131 | 00:05:18 | 00:40:07 | 367m | 14'26"/km |
| 33. | 149 | 00:01:44 | 00:41:51 | 67m  | 25'52"/km |
| 34. | 135 | 00:00:31 | 00:42:22 | 74m  | 6'59"/km  |
| 35. | 150 | 00:00:53 | 00:43:15 | 60m  | 14'43"/km |
| 36. | 132 | 00:01:30 | 00:44:45 | 163m | 9'12"/km  |



|     |     |          |          |      |          |
|-----|-----|----------|----------|------|----------|
| 37. | 31  | 00:00:30 | 00:45:15 | 64m  | 7'49"/km |
| 38. | 136 | 00:01:06 | 00:46:21 | 123m | 8'57"/km |
| 39. | 999 | 00:00:21 | 00:46:42 | 62m  | 5'39"/km |

HELGA



Orienteering Software