



CITY - O CUP 1 - 2025

BALEN 30.3.2025

K.O.L.

Ronald SOMERS

K.O.L.

Course : H:02

Distance : 5350m

Time : 0:46:28 (8'41"/km)

10/23

O.K.

[Full result on Webres](#)

1. Frederik LOECKX	0:36:53
2. Siegfried BAKELANTS	0:37:13
3. Ronny TIMMERS	0:40:55

1.	48	00:01:27		90m	16'07"/km
2.	138	00:00:45	00:02:12	113m	6'38"/km
3.	46	00:00:47	00:02:59	119m	6'35"/km
4.	47	00:02:14	00:05:13	313m	7'08"/km
5.	113	00:00:24	00:05:37	54m	7'24"/km
6.	102	00:01:17	00:06:54	174m	7'23"/km
7.	51	00:02:39	00:09:33	263m	10'05"/km
8.	104	00:00:32	00:10:05	70m	7'37"/km
9.	105	00:00:00	00:10:05	66m	0'00"/km
10.	139	00:01:44	00:11:49	132m	13'08"/km
11.	140	00:02:01	00:13:50	56m	36'01"/km
12.	106	00:00:46	00:14:36	91m	8'25"/km
13.	110	00:01:13	00:15:49	100m	12'10"/km
14.	111	00:01:56	00:17:45	210m	9'12"/km
15.	50	00:01:03	00:18:48	132m	7'57"/km
16.	112	00:00:00	00:18:48	45m	0'00"/km
17.	103	00:02:25	00:21:13	206m	11'44"/km
18.	114	00:01:58	00:23:11	320m	6'09"/km
19.	141	00:00:23	00:23:34	57m	6'44"/km
20.	142	00:02:04	00:25:38	315m	6'34"/km
21.	115	00:01:54	00:27:32	253m	7'31"/km
22.	143	00:01:08	00:28:40	96m	11'48"/km
23.	144	00:00:48	00:29:28	126m	6'21"/km
24.	145	00:00:40	00:30:08	106m	6'17"/km
25.	146	00:00:28	00:30:36	73m	6'24"/km
26.	121	00:00:22	00:30:58	59m	6'13"/km
27.	122	00:00:00	00:30:58	30m	0'00"/km
28.	147	00:01:42	00:32:40	201m	8'27"/km
29.	148	00:00:29	00:33:09	83m	5'49"/km
30.	123	00:02:54	00:36:03	293m	9'54"/km
31.	131	00:04:44	00:40:47	367m	12'54"/km
32.	149	00:01:12	00:41:59	67m	17'55"/km
33.	135	00:00:38	00:42:37	74m	8'34"/km
34.	150	00:00:57	00:43:34	60m	15'50"/km
35.	132	00:01:25	00:44:59	163m	8'41"/km
36.	31	00:00:24	00:45:23	64m	6'15"/km



37.	136	00:00:44	00:46:07	123m	5'58"/km
38.	999	00:00:21	00:46:28	62m	5'39"/km

HELGA



Orienteering Software