



CITY - O CUP 1 - 2025

BALEN 30.3.2025

K.O.L.

Stan MAES

K.O.L.

Course : H:02

Distance : 5350m

Time : 0:45:17 (8'28"/km)

8/23

O.K.

[Full result on Webres](#)

1. Frederik LOECKX	0:36:53
2. Siegfried BAKELANTS	0:37:13
3. Ronny TIMMERS	0:40:55

1.	40	00:00:57		95m	10'00"/km
2.	48	00:00:17	00:01:14		
3.	138	00:00:32	00:01:46	113m	4'43"/km
4.	46	00:00:37	00:02:23	119m	5'11"/km
5.	47	00:02:01	00:04:24	313m	6'27"/km
6.	113	00:00:22	00:04:46	54m	6'47"/km
7.	102	00:01:07	00:05:53	174m	6'25"/km
8.	51	00:02:33	00:08:26	263m	9'42"/km
9.	104	00:00:30	00:08:56	70m	7'09"/km
10.	105	00:00:00	00:08:56	66m	0'00"/km
11.	139	00:01:45	00:10:41	132m	13'15"/km
12.	140	00:00:53	00:11:34	56m	15'46"/km
13.	106	00:01:06	00:12:40	91m	12'05"/km
14.	110	00:00:48	00:13:28	100m	8'00"/km
15.	111	00:01:45	00:15:13	210m	8'20"/km
16.	50	00:00:55	00:16:08	132m	6'57"/km
17.	112	00:00:00	00:16:08	45m	0'00"/km
18.	103	00:02:18	00:18:26	206m	11'10"/km
19.	114	00:02:08	00:20:34	320m	6'40"/km
20.	141	00:00:23	00:20:57	57m	6'44"/km
21.	142	00:02:05	00:23:02	315m	6'37"/km
22.	115	00:02:01	00:25:03	253m	7'58"/km
23.	143	00:01:48	00:26:51	96m	18'45"/km
24.	144	00:00:52	00:27:43	126m	6'53"/km
25.	145	00:00:37	00:28:20	106m	5'49"/km
26.	146	00:00:31	00:28:51	73m	7'05"/km
27.	121	00:00:27	00:29:18	59m	7'38"/km
28.	122	00:00:00	00:29:18	30m	0'00"/km
29.	147	00:01:36	00:30:54	201m	7'58"/km
30.	148	00:00:30	00:31:24	83m	6'01"/km
31.	123	00:03:10	00:34:34	293m	10'48"/km
32.	131	00:05:29	00:40:03	367m	14'56"/km
33.	149	00:00:59	00:41:02	67m	14'41"/km
34.	135	00:00:37	00:41:39	74m	8'20"/km
35.	150	00:00:48	00:42:27	60m	13'20"/km
36.	132	00:01:18	00:43:45	163m	7'59"/km



37.	31	00:00:26	00:44:11	64m	6'46"/km
38.	136	00:00:49	00:45:00	123m	6'38"/km
39.	999	00:00:17	00:45:17	62m	4'34"/km

HELGA



Orienteering Software