



CITY - O CUP 1 - 2025

BALEN 30.3.2025

K.O.L.

Jeffrey DE RYCKE

TROL

Strecke : H:01

Länge : 6640m

Zeit : 0:46:17 (6'58"/km)

5/21

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|--------------------|---------|
| 1. Liam THIELS | 0:36:52 |
| 2. Serguei SMIRNOV | 0:38:58 |
| 3. Lennert LENS | 0:40:39 |

1.	101	00:00:58		62m	15'35"/km
2.	113	00:01:14	00:02:12	227m	5'26"/km
3.	114	00:00:22	00:02:34	84m	4'22"/km
4.	47	00:00:43	00:03:17	72m	9'57"/km
5.	102	00:00:57	00:04:14	218m	4'21"/km
6.	104	00:02:22	00:06:36		
7.	105	00:00:00	00:06:36	66m	0'00"/km
8.	106	00:01:29	00:08:05	232m	6'24"/km
9.	107	00:00:32	00:08:37	79m	6'45"/km
10.	108	00:00:50	00:09:27	116m	7'11"/km
11.	109	00:00:40	00:10:07	113m	5'54"/km
12.	110	00:00:26	00:10:33	50m	8'40"/km
13.	111	00:01:25	00:11:58	210m	6'45"/km
14.	50	00:01:08	00:13:06	132m	8'35"/km
15.	112	00:00:00	00:13:06	45m	0'00"/km
16.	141	00:02:58	00:16:04	518m	5'44"/km
17.	115	00:01:10	00:17:14	269m	4'20"/km
18.	116	00:01:13	00:18:27	60m	20'17"/km
19.	117	00:00:22	00:18:49	74m	4'57"/km
20.	118	00:00:38	00:19:27	35m	18'06"/km
21.	119	00:01:06	00:20:33	59m	18'39"/km
22.	120	00:00:34	00:21:07	102m	5'33"/km
23.	121	00:00:15	00:21:22	36m	6'57"/km
24.	122	00:00:00	00:21:22	30m	0'00"/km
25.	127	00:05:06	00:26:28	743m	6'52"/km
26.	128	00:02:45	00:29:13	368m	7'28"/km
27.	147	00:03:15	00:32:28	619m	5'15"/km
28.	126	00:00:52	00:33:20	179m	4'51"/km
29.	123	00:02:28	00:35:48	193m	12'47"/km
30.	130	00:02:23	00:38:11	186m	12'49"/km
31.	131	00:03:18	00:41:29	363m	9'05"/km
32.	132	00:01:07	00:42:36	190m	5'53"/km
33.	133	00:00:29	00:43:05	77m	6'17"/km
34.	134	00:01:13	00:44:18	151m	8'03"/km
35.	135	00:00:30	00:44:48	47m	10'38"/km
36.	136	00:01:17	00:46:05	120m	10'42"/km



37. 999 00:00:12 00:46:17 62m 3'14"/km

