



# CITY - O CUP 1 - 2025

BALEN 30.3.2025

K.O.L.

**Ruben GRIETENS**

Antwerp Orienteers

Omloop : H:01

Afstand : 6640m

Tijd : 0:44:29 (6'42"/km)

**4/21**

O.K.

[Volledige uitslagen op Webres](#)

- |                    |         |
|--------------------|---------|
| 1. Liam THIELS     | 0:36:52 |
| 2. Serguei SMIRNOV | 0:38:58 |
| 3. Lennert LENS    | 0:40:39 |

|     |     |                   |      |           |
|-----|-----|-------------------|------|-----------|
| 1.  | 101 | 00:01:00          | 62m  | 16'08"/km |
| 2.  | 113 | 00:01:35 00:02:35 | 227m | 6'59"/km  |
| 3.  | 114 | 00:00:24 00:02:59 | 84m  | 4'46"/km  |
| 4.  | 47  | 00:00:34 00:03:33 | 72m  | 7'52"/km  |
| 5.  | 102 | 00:02:49 00:06:22 | 218m | 12'55"/km |
| 6.  | 103 | 00:00:30 00:06:52 | 122m | 4'06"/km  |
| 7.  | 104 | 00:01:50 00:08:42 | 212m | 8'39"/km  |
| 8.  | 105 | 00:00:00 00:08:42 | 66m  | 0'00"/km  |
| 9.  | 106 | 00:01:42 00:10:24 | 232m | 7'20"/km  |
| 10. | 107 | 00:00:55 00:11:19 | 79m  | 11'36"/km |
| 11. | 108 | 00:00:49 00:12:08 | 116m | 7'02"/km  |
| 12. | 109 | 00:00:41 00:12:49 | 113m | 6'03"/km  |
| 13. | 110 | 00:00:48 00:13:37 | 50m  | 16'00"/km |
| 14. | 111 | 00:01:24 00:15:01 | 210m | 6'40"/km  |
| 15. | 50  | 00:00:41 00:15:42 | 132m | 5'11"/km  |
| 16. | 112 | 00:00:00 00:15:42 | 45m  | 0'00"/km  |
| 17. | 141 | 00:02:32 00:18:14 | 518m | 4'53"/km  |
| 18. | 115 | 00:01:08 00:19:22 | 269m | 4'13"/km  |
| 19. | 116 | 00:00:28 00:19:50 | 60m  | 7'47"/km  |
| 20. | 117 | 00:00:20 00:20:10 | 74m  | 4'30"/km  |
| 21. | 118 | 00:00:20 00:20:30 | 35m  | 9'31"/km  |
| 22. | 119 | 00:01:14 00:21:44 | 59m  | 20'54"/km |
| 23. | 120 | 00:00:30 00:22:14 | 102m | 4'54"/km  |
| 24. | 121 | 00:00:13 00:22:27 | 36m  | 6'01"/km  |
| 25. | 122 | 00:00:00 00:22:27 | 30m  | 0'00"/km  |
| 26. | 127 | 00:04:39 00:27:06 | 743m | 6'16"/km  |
| 27. | 128 | 00:02:29 00:29:35 | 368m | 6'45"/km  |
| 28. | 147 | 00:02:52 00:32:27 | 619m | 4'38"/km  |
| 29. | 126 | 00:00:46 00:33:13 | 179m | 4'17"/km  |
| 30. | 123 | 00:02:04 00:35:17 | 193m | 10'42"/km |
| 31. | 130 | 00:02:05 00:37:22 | 186m | 11'12"/km |
| 32. | 131 | 00:02:46 00:40:08 | 363m | 7'37"/km  |
| 33. | 132 | 00:01:02 00:41:10 | 190m | 5'26"/km  |
| 34. | 133 | 00:00:23 00:41:33 | 77m  | 4'59"/km  |
| 35. | 134 | 00:01:00 00:42:33 | 151m | 6'37"/km  |
| 36. | 135 | 00:00:25 00:42:58 | 47m  | 8'52"/km  |



|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 37. | 136 | 00:01:17 | 00:44:15 | 120m | 10'42"/km |
| 38. | 999 | 00:00:14 | 00:44:29 | 62m  | 3'46"/km  |

HELGA



Orienteering Software