



CITY - O CUP 1 - 2025

BALEN 30.3.2025

K.O.L.

Lina GORIS

K.O.L.

Circuit : D:02

Distance : 5350m

Temps : 0:51:52 (9'42"/km)

3/7

O.K.

[Résultats complets sur Webres](#)

- | | |
|--------------------|---------|
| 1. Kim TIREZ | 0:49:30 |
| 2. Nancy TEUNCKENS | 0:50:14 |

1.	40	00:01:15		95m	13'09"/km
2.	48	00:00:53	00:02:08		
3.	138	00:00:54	00:03:02	113m	7'58"/km
4.	46	00:00:44	00:03:46	119m	6'10"/km
5.	47	00:02:07	00:05:53	313m	6'46"/km
6.	113	00:00:35	00:06:28	54m	10'48"/km
7.	102	00:01:14	00:07:42	174m	7'05"/km
8.	51	00:02:16	00:09:58	263m	8'37"/km
9.	104	00:00:30	00:10:28	70m	7'09"/km
10.	105	00:00:00	00:10:28	66m	0'00"/km
11.	139	00:03:27	00:13:55	132m	26'08"/km
12.	140	00:00:55	00:14:50	56m	16'22"/km
13.	106	00:01:55	00:16:45	91m	21'04"/km
14.	110	00:01:16	00:18:01	100m	12'40"/km
15.	111	00:01:52	00:19:53	210m	8'53"/km
16.	50	00:00:51	00:20:44	132m	6'26"/km
17.	112	00:00:00	00:20:44	45m	0'00"/km
18.	103	00:02:13	00:22:57	206m	10'46"/km
19.	114	00:02:19	00:25:16	320m	7'14"/km
20.	141	00:00:34	00:25:50	57m	9'56"/km
21.	142	00:01:59	00:27:49	315m	6'18"/km
22.	115	00:02:12	00:30:01	253m	8'42"/km
23.	143	00:01:56	00:31:57	96m	20'08"/km
24.	144	00:01:15	00:33:12	126m	9'55"/km
25.	145	00:00:39	00:33:51	106m	6'08"/km
26.	146	00:00:44	00:34:35	73m	10'03"/km
27.	121	00:00:24	00:34:59	59m	6'47"/km
28.	122	00:00:00	00:34:59	30m	0'00"/km
29.	147	00:01:48	00:36:47	201m	8'57"/km
30.	148	00:00:37	00:37:24	83m	7'26"/km
31.	123	00:02:59	00:40:23	293m	10'11"/km
32.	131	00:05:30	00:45:53	367m	14'59"/km
33.	149	00:01:03	00:46:56	67m	15'40"/km
34.	135	00:00:35	00:47:31	74m	7'53"/km
35.	150	00:01:00	00:48:31	60m	16'40"/km
36.	132	00:01:30	00:50:01	163m	9'12"/km



37.	31	00:00:31	00:50:32	64m	8'04"/km
38.	136	00:01:03	00:51:35	123m	8'32"/km
39.	999	00:00:17	00:51:52	62m	4'34"/km

HELGA



Orienteering Software