



**Dimanche en Argonne - MD1**  
**VARENNES-EN-ARGONNE 30.3.2025**  
**5116GE ASO Sillery**

**Romain ARNOUX**

8807GE LO Sanchey

Omloop : orange

Afstand : 3000m (Hoogteverschil 100m)

Tijd : 0:48:54 (16'18"/km)

**3/8**

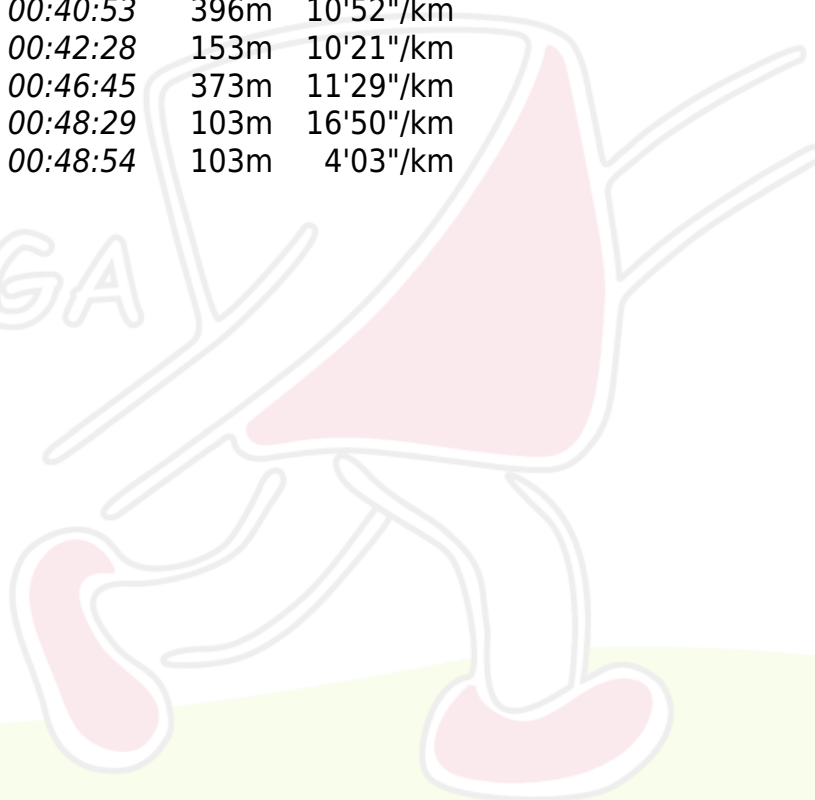
O.K.

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- |                   |         |
|-------------------|---------|
| 1. Satine LEMAIRE | 0:38:04 |
| 2. Luna THIEBEAUX | 0:42:13 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 31  | 00:07:07 |          | 243m | 29'17"/km |
| 2.  | 34  | 00:08:38 | 00:15:45 | 248m | 34'49"/km |
| 3.  | 39  | 00:03:52 | 00:19:37 | 269m | 14'22"/km |
| 4.  | 38  | 00:02:10 | 00:21:47 | 177m | 12'14"/km |
| 5.  | 41  | 00:01:45 | 00:23:32 | 186m | 9'25"/km  |
| 6.  | 42  | 00:05:37 | 00:29:09 | 188m | 29'53"/km |
| 7.  | 47  | 00:07:26 | 00:36:35 | 428m | 17'22"/km |
| 8.  | 53  | 00:04:18 | 00:40:53 | 396m | 10'52"/km |
| 9.  | 51  | 00:01:35 | 00:42:28 | 153m | 10'21"/km |
| 10. | 58  | 00:04:17 | 00:46:45 | 373m | 11'29"/km |
| 11. | 100 | 00:01:44 | 00:48:29 | 103m | 16'50"/km |
| 12. | 999 | 00:00:25 | 00:48:54 | 103m | 4'03"/km  |

HELGA



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