

# Nationale LD

## Vallée de Rabais - Ethe Virton 23.3.2025

### SUD O LUX

**Benjamin ANCIAUX**

hamok

Circuit : HE

Distance : 13000m (Dénivelé 510m)

Temps : 1:27:52 (6'46"/km)

**3/20**

O.K.

[Résultats complets sur Webres](#)

- |                    |         |
|--------------------|---------|
| 1. Clément DEMEUSE | 1:25:31 |
| 2. Mathias BLAISE  | 1:27:37 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 101 | 00:01:43 |          | 409m  | 4'12"/km  |
| 2.  | 102 | 00:02:03 | 00:03:46 | 248m  | 8'16"/km  |
| 3.  | 103 | 00:02:15 | 00:06:01 | 320m  | 7'02"/km  |
| 4.  | 104 | 00:02:01 | 00:08:02 | 344m  | 5'52"/km  |
| 5.  | 105 | 00:21:49 | 00:29:51 | 3299m | 6'37"/km  |
| 6.  | 106 | 00:02:16 | 00:32:07 | 308m  | 7'22"/km  |
| 7.  | 107 | 00:04:56 | 00:37:03 | 850m  | 5'48"/km  |
| 8.  | 108 | 00:12:19 | 00:49:22 | 1528m | 8'04"/km  |
| 9.  | 109 | 00:03:35 | 00:52:57 | 537m  | 6'40"/km  |
| 10. | 110 | 00:01:58 | 00:54:55 | 280m  | 7'01"/km  |
| 11. | 111 | 00:03:12 | 00:58:07 | 536m  | 5'58"/km  |
| 12. | 112 | 00:03:20 | 01:01:27 | 435m  | 7'40"/km  |
| 13. | 113 | 00:01:08 | 01:02:35 | 195m  | 5'49"/km  |
| 14. | 114 | 00:02:07 | 01:04:42 | 319m  | 6'38"/km  |
| 15. | 115 | 00:02:34 | 01:07:16 | 264m  | 9'43"/km  |
| 16. | 116 | 00:03:05 | 01:10:21 | 458m  | 6'44"/km  |
| 17. | 117 | 00:01:04 | 01:11:25 | 206m  | 5'11"/km  |
| 18. | 118 | 00:05:37 | 01:17:02 | 857m  | 6'33"/km  |
| 19. | 119 | 00:00:28 | 01:17:30 | 92m   | 5'04"/km  |
| 20. | 120 | 00:01:32 | 01:19:02 | 130m  | 11'48"/km |
| 21. | 121 | 00:03:37 | 01:22:39 | 595m  | 6'05"/km  |
| 22. | 122 | 00:00:55 | 01:23:34 | 165m  | 5'33"/km  |
| 23. | 123 | 00:01:58 | 01:25:32 | 210m  | 9'22"/km  |
| 24. | 129 | 00:01:46 | 01:27:18 | 276m  | 6'24"/km  |
| 25. | 165 | 00:00:24 | 01:27:42 | 58m   | 6'54"/km  |
| 26. | 999 | 00:00:10 | 01:27:52 | 107m  | 1'33"/km  |

Orienteering Software